

Carroll County

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Community Health Needs Assessment Snapshot

Promote Healthy Behaviors

Problems/Needs:

- 65.89% of children 0-19 years of age report poor mental health from 1-7 days
88.2% of Providers in Carroll County reported that they believe Carroll County has gaps in mental health services for children.
- Carroll County Residents-Percentage of Overweight Individuals 20-49yrs=40.91%, 50-69yrs=57.26%, 70+yrs=45.82%
49% of 11th grade students have had at least 1 drink in the last 30 days. 37% of 11th grade students are engaging in binge drinking activities. (5 or more drinks)
- 36% of the 11th grade students have tried a tobacco product in their life time.
- Women of child bearing age are using tobacco products or are exposed to secondhand smoke-13% of Carroll Co. residents smoked 1-10 cigarettes per day while pregnant

Prevent Injuries

Problems/Needs:

None identified

Protect Against Environmental Hazards

Problems/Needs:

- Teenage girls tanning at multiple tanning salons in a 24-hour period in order to tan faster.

Prevent Epidemics and the Spread of Disease

Problems/Needs:

- Carroll County's Colon Cancer rate was 50.0 in 2009; the peer county range for Colon Cancer was 27.5-44.6.

Prepare for, Respond to, and Recover from Public Health Emergencies

Problems/Needs:

None identified

Strengthen the Public Health Infrastructure

Problems/Needs:

- Lack of availability of indoor and outdoor household chore services for the elderly. In 2009 Elderbridge Agency on Aging conducted a needs survey. Findings from this survey indicated that identified needs of outside and inside chore services for the elderly appeared three times in the top ten of identified needs.

Community Health Improvement Plan

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the percentage of children 0-19 years of age that report poor mental health from 1-7 days by 5%.	Investigate starting a NAMI chapter in Carroll County.	Carroll County Mental Health Services Committee.	Spring 2012

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the overweight population in the following age categories by 5%: 20-49yrs, 50-69yrs, 70+yrs.	Create a Healthy Behaviors Committee to promote increased physical activity in Carroll County residents.	Carroll County Public Health	Spring 2011- committee will form

Goal	Strategies	Who is responsible?	When? (Timeline)
By 12/31/2014, there will be an identified community volunteer group established to provide chore services for the elderly and disabled with limited income in Carroll County.	Identify legal ramifications in establishing a volunteer group of chore workers	CCPH, Elderbridge, RSVP, SARH and NH, MRHC, church groups, civic organizations of Carroll Co and other identified Carroll Co. Resources	Summer 2011

Goal	Strategies	Who is responsible?	When? (Timeline)
To decrease underage drinking and decrease binge drinking activities.	Provide researched based curriculum in the schools.	New Opportunities, Inc	Provide yearly curriculum to the school districts

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease the number of youth who try tobacco products	Provide youth tobacco advocacy groups to promote healthy behaviors in middle school and encourage high school students to be advocates of tobacco prevention in the community.	New Opportunities Inc	Ongoing
Decrease the number of women of child bearing age using tobacco products.	Educate women on the dangers of secondhand smoke.	New Opportunities, Inc	Ongoing

Goal	Strategies	Who is responsible?	When? (Timeline)
Decrease Carroll County's Colon Cancer rate of 50.0 to within the peer county range of 27.5-44.6.	Implement and continue the Iowa Get Screened Program in Carroll County.	Carroll County Public Health	January 2011 and ongoing.